

# HEALING HEART

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## Client History and Information Questionnaire for Minor

This form is intended to be filled out by the parent or guardian of the minor client.

### **General Information:**

Client Name:

Date:

Parent or Guardian Name filling out Form:

Last 4 digits of Client's Social Security Number:

Date of Birth of Client:

Ethnicity of Client:

Client's Gender:  Male  Female  Does not identify as male or female

Home Address of Client:

Home Phone Number of Client:

May we leave a message?  Yes  No

Work Phone Number for Parent/Guardian:

May we leave a message?  Yes  No

Mobile Phone Number for Parent/Guardian:

May we leave a message?  Yes  No

Email Address:

May we email you?  Yes  No

\*Please note email correspondence is not considered to be a confidential medium of communication.

### **Insurance Information if applicable:**

If you will be using insurance to cover all or a portion of the cost for the sessions for the minor client please complete the following and allow us to make a photocopy of the client's insurance card.

Primary Insurance Company:

### **Emergency Contact Information for Client:**

In case of an emergency, whom should we contact?

Name:

Relationship:

Address:

Phone Number:

**Referral Source:**

Who referred your child to Healing Heart, or how did you learn about the practice?

To the best of your knowledge, why was your child referred?

**History Information:**

Why are you seeking treatment for your child?

How long has your child experienced this problem, or when did you first notice it?

What stressors may have contributed to the current complaint or problem?

Please check anything that, to the best of your knowledge, applies to your child.

- Problems at school
- Problems keeping friends
- Problems listening to authority figures
- Problems at home
- Depression/Sad/Down
- High/Low energy level
- Angry/Irritable
- Loss of interest in activities
- Difficulty enjoying things
- Crying spells
- Decreased motivation
- Withdrawing from people/Isolation
- Mood Swings
- Black and white thinking/All or nothing thinking
- Negative thinking
- Substance abuse/dependence
- Addiction (internet, porn, shopping, exercise, gaming, gambling, etc.)
- Change in weight or appetite
- Change in sleeping pattern

- Suicidal thoughts or plans
- Self-harm/Cutting/Burning
- Homicidal behaviors
- Poor concentration/Difficulty focusing
- Panic attacks
- Flashbacks/Nightmares
- Hearing voices/Seeing things not there
- Running away
- Perfectionism
- Rituals of counting things, washing hands, checking locks, stove, etc./Overly concerned about germs
- Distorted body image
- Concerns about dieting
- Binge eating/Purging
- Rules about eating/Compensating for eating
- Excessive exercise
- Other:

Please explain all symptoms that you checked in the space below.

**Previous Treatment:**

Has your child received or participated in previous counseling and/or therapy?  Yes  No

If yes, please fill in the chart below.

Clinician's Name	Reason for Treatment	Time Period in Treatment

What did you like/dislike about the previous treatment?

Is there any particular type of treatment you would like your child to continue?

Has your child had hospital stays for psychological concerns?  Yes  No

If yes, please fill in the chart below.

<b>Hospital</b>	<b>Dates of Stay</b>	<b>Reason for Stay</b>

### **Developmental and Medical History**

Is there anything that may have impacted your child prior to or during birth?  Yes  No

If yes, please elaborate:

Did your child walk, talk, and read on time?  Yes  No

If not, please elaborate:

Does your child have any diagnoses (medical or psychological) that you are aware of?  Yes  No

If yes, please fill in the chart below.

<b>Diagnosis</b>	<b>Medical Provider who Diagnosed</b>	<b>Date Diagnosed with Disorder</b>

Please list below any current medications or important past medications that your child is/was on:

<b>Medication Name</b>	<b>Dose</b>	<b>Time Period on Medication</b>	<b>Reason for Going on Medication</b>	<b>Reason for Stopping Medication</b>	<b>Impact of Medication or Side Effects</b>



Has your child been impacted by a divorce or separation?  Yes  No

If yes, please elaborate.

Has your child ever been impacted by the passing of a family member?  Yes  No

If yes, please elaborate.

Does your family currently have Child Protective Services involvement?  Yes  No

If yes, please complete the following:

Case Worker's Name:

Case Worker's Phone Number:

Has your family at any point in the past had Child Protective Services involvement?  Yes  No

If yes, please elaborate:

Does your child have a history of neglect, or physical, emotional, or sexual abuse?  Yes  No

If yes, please elaborate.

Is your child currently or have they previously lived in a home with domestic violence?  Yes  No

If yes, please explain.

Is there a family history of substance abuse, mental illness, suicide, or violence? If yes, please elaborate.

Please note any additional family information you feel might be impacting your child's current concern.

**Social History**

Please describe your child's relationship with peers and/or friends.

What are your child's hobbies/interests?

**Educational History**

Please list your child's school, teacher, and grade level.

Does your child have an Individualized Education Plan (IEP)?  Yes  No

If yes, please provide details about when and why your child received an IEP.

Does your child have a 504 Plan?  Yes  No

If yes, please provide details about when and why your child received a 504 Plan.

Please check any situations that describe your child.

- In regular classes
- Home Study
- Special education classes
- Advanced classes
- Previous suspensions
- Placed in alternative school

Please provide any additional important educational information.

**Substance Abuse History**

Are you aware of any substance abuse problems with your child?  Yes  No

If yes please list any substances you are aware that your child is using and the frequency of use.

Does anyone in the home have a current or past substance abuse problem?  Yes  No

If yes, please elaborate.

### **Legal History**

Has your child experienced any legal challenges? If yes, please elaborate.

Is anyone in your family currently involved in a legal situation (divorce, pending charges, being sued, etc.)?  Yes  No

If yes, please elaborate to the extent possible.

### **Additional Information**

Please summarize your goals for your child at counseling/therapy.

What expectations do you have for counseling/therapy?

What are your child's strengths?

What are your child's weaknesses?

Is your child comfortable with well-behaved dogs?  Yes  No

Is there any additional information that you believe is important for the therapist to know in order to provide your child with the best care possible?

By signing below, you are acknowledging that the information you have provided is true to the best of your knowledge.

Signature of guardian \_\_\_\_\_

Date \_\_\_\_\_